

ESSENTIAL NUMBERS / CONTACTS

1.	Tele – MANAS (Suicide helpline number)	14416/1800-89-14416
2.	MANODARPAN (Psychosocial support)	8448440632
3.	Women Helpline	0832-2744123/0832-2744124
4.	Local hospital- TRIMURTI	9765527747/9975358764
INSTITUTIONAL SUPPORT SERVICES		
1.	Internal Committee (IC) Prevention, Prohibition and Redressal (POSH Act)	Dr. Amrita Naik
2.	Tobacco Control Committee	Dr. Neena Panandikar
3.	SC/ST Committee	Dr. Neena Panandikar
4.	Student Grievance Redressal Committee (SGRC)	Dr. Neena Panandikar
5.	Anti-Ragging Committee	Dr. Neena Panandikar
6.	Students Wellness Centre (SWC) Committee	Elaine Dias
7.	Health and Wellbeing Club	Elaine Dias
8.	Anti-Ragging Squad	Dr. Ajit Salunke
9.	Equal Opportunity Facilitation Cell (EOFC)	Jeffrey Valadares