



The Fatorda Salesian Society's
DON BOSCO COLLEGE OF ENGINEERING

Fatorda, Margao - Goa 403 602

(Approved by AICTE, DTE Goa & Affiliated to Goa University)

DBCE/PPL/2025-2026/01

Date: 18/07/2025

ORDER

Health and well- being club

The Health and Well-being Club Committee is hereby constituted to promote physical and mental well-being among students and staff. The committee comprises the following members:

Sr. No.	Name	Role
1.	Ms. Elaine Dias Counsellor	Chairperson
2.	Ms. Palosha Pereira Counsellor	Member Secretary
3.	Ms. Vaishali Parakhi Assistant Professor, Science & Humanities	Member
4.	Ms Swaroopa Sail Assistant Professor , Civil Engineering	Member
5.	Mr. Clifford Britto College Director of Physical Education and Sports	Member

Objectives:

1. Promote Physical and mental well- being among students
2. Provide a supportive community for health conscious individuals
3. Organize workshops, seminars and events on health topics
4. Encourage healthy habit and stress management techniques


Dr. Neena S. P. Panandikar
Principal



Copy to:

1. The Director, for kind information
2. All Head of Departments, DBCE
3. All Members
4. Office Record